

Christina Gutz

Finally training together again!

Wado Pentecost Seminar 2022 with JKF Wado Kai and DKV Dan Examinations in Berlin

What a great joy - after three years of pandemic break the international Wado family met at our Wado Pentecost Seminar in Berlin. Koichi Shimura (8th Dan JKF Wado Kai) and Shuzo Imai (9th Dan Wado Ryu DKV, 7th Dan JKF Wado Kai) were also very happy about the reunion with the 140 participants from Belgium, England, Denmark, Finland, Germany, Italy, Hungary, Ireland, Sweden and Switzerland.

In their training Shimura and Imai conveyed the principles of Wado ryu and central concepts. The training took place in two groups each, alternately led by Shimura and Imai. While Shimura taught Kihon Kumite, Tantodori and Idori, Imai focused his training on Kumite Gata, Ohyo Kumite and Tantodori. Since the participants were mostly dan holders, Shimura and Imai taught complex kata such as Seishan, Chinto, Bassai and Niseishi. Both senseis placed great emphasis on Kihon, as this is where the fundamentals of correct techniques and body mechanics are trained.

All participants were highly motivated, supported each other during the exercises and enjoyed these days together. At the end of the seminar we all agreed: This was a wonderful reunion with the Wado family, from which we return to our home dojos strengthened and with many impulses.

Dan examinations

At the Dan examinations held in the context of the Wado Pentecost Seminar on June 6, 2022 have passed:

JKF Wado Kai

5th Dan: Lene Abild Fabricius (Denmark), Maija Laaksonen (Finland), **4th Dan:** Chris Staach Olsen (Denmark), Nico Ruf (Germany), Brian Thomsen (Denmark), Paul Whinnery (Ireland),

1st Dan: Tobias Amphlet (Germany), Enrico Wasser (Germany)

Examination board: Koichi Shimura, Shuzo Imai, Jimmy Harte, Niko Utriainen, Christina Gutz

German Karate Federation

5th Dan: Christian Christen, Nico Ruf, **3rd Dan:** André Lassen, **2nd Dan:** Cay-Uwe Dähn, Piotr Jasinski, Gerhard Jauß, Elena Kounadis, Ronny Schmidt, **1st Dan** Daniel Neuenkirchen

Examination board: Shuzo Imai, Bernd Alscher, Christina Gutz

Link to pictures: <https://www.jkfwadokaisohonbu.de/galerie-gallery/bilder-pictures/>