

**Christina Gutz**

## **Wado Pentecost Seminar 2023 with JKF Wado Kai and DKV Dan Examinations in Berlin**

Once again the international Wado family met at our Wado Pentecost Course from May 26 - 29, 2023 in Berlin. The seminar was led by Koichi Shimura (Chairman JKF Wado-Kai Technical Committee, 8th Dan JKF Wado Kai) and Shuzo Imai (9th Dan Wado Ryu DKV, 7th Dan JKF Wado Kai). We were all very happy about the reunion and the training with a total of 130 participants from Belgium, England, Estonia, Denmark, Germany, Finland, Italy, Ireland, the Netherlands, Sweden, Switzerland and Hungary.

In their training Shimura and Imai conveyed the principles and core concepts of Wado Ryu. The training took place in two groups, which were led alternately by Shimura and Imai. Kihon Kumite, Tantodori and Idori, Kumite Gata, Ohyo Kumite were trained. Since the participants were mostly Dan holders, Shimura and Imai taught complex kata such as Seishan, Chinto, Wanshu, Niseishi and Jitte with Kaisetsu. Both Senseis placed great emphasis on Kihon, as this is where the foundations for correct techniques and body mechanics are trained.

All participants were highly motivated, supported each other during the exercises and enjoyed these days together. At the end of the seminar we all agreed: This was a wonderful reunion with the Wado family, from which we will return to our home dojos strengthened and with many impulses.

### **Dan examinations**

At the Dan examinations held as part of the Wado Pentecost Seminar on May 29, 2023 have passed:

#### **JKF Wado Kai**

**5th Dan:** Nico Ruf (Germany)

**4th Dan:** René Rasmussen (Denmark), Tina Heikkinen (Finland), Stephen Whinnery (Ireland)

**1st Dan:** Dao Hung Peither (Germany), Mathias Voigt (Germany)

**Examination board:** Koichi Shimura, Shuzo Imai, Jimmy Harte, Niko Utriainen, Christina Gutz

#### **German Karate Federation**

**2nd Dan:** Stefan Bauchwitz (Germany)

**Examination board:** Shuzo Imai, Bernd Alscher, Christina Gutz